

Nutrition Facts

6 servings per container

Serving size

2 oz (57g)

Amount Per Serving

Calories

210

% Daily Value*

Total Fat 1.5g **2%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 0mg **0%**

Total Carbohydrate 42g **15%**

Dietary Fiber 2g **7%**

Total Sugars 1g

Includes 0g Added Sugars **0%**

Protein 8g **16%**

Vitamin D 0mcg **0%**

Calcium 10mg **0%**

Iron 1.3mg **8%**

Potassium 250mg **6%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.